

News

Wake up to the dangers of driving while tired, police tell motorists



The result of a motorist driving while tired
ESSEX POLICE

DRIVING tired is dangerous and Essex Police is urging motorists to recognise the signs of fatigue and take appropriate action to prevent collisions.

Recently the force's roads policing officers attended a single-vehicle collision on the A13.

The driver admitted they had fallen asleep at the wheel, resulting in a collision that caused serious damage to their car. Thankfully, they weren't injured, but extremely shaken up.

Sergeant Will Willsher, Essex Police's Roads Policing Unit, said: "Studies show a significant increase

in collision risk for drivers who are tired.

"If you are travelling at night or embarking on a long journey, plan some rest stops every couple of hours to help you feel refreshed.

"Tiredness can slow down your reactions and affect how you drive.

"You could find lane control much more difficult, drifting from lane to lane or slower in your reaction times.

"If you start feeling tired, pull over to a safe location.

"Or consider alternatives, taking the train or bus instead.

"You could ask someone else to

share the driving. That way you'll get there safely."

So far this year, there have been more than 30 deaths on roads in Essex. Drivers are asked to support the force's ambition of Vision Zero - no road deaths in Essex by 2040 or sooner.

Signs of fatigue:

- Frequent yawning and eye rubbing;
- Difficulty focusing, heavy eyelids;
- Wandering thoughts;
- Trouble remembering the last few miles driven;
- Drifting from lane to lane;
- Feeling restless or irritable.

Two die in roundabout collision

TWO men in their 20s have died and five other people are in hospital with serious injuries after a car crash on a roundabout in Essex.

The drivers of the two cars have been arrested in connection with the incident.

Essex Police said it was called to reports of a two-vehicle collision at the Rayleigh Spur roundabout on the A130, near Wickford, shortly after 4.15am on Monday, September 1.

One man died at the scene while the other victim died later in hospital.

Specialist officers are supporting both their families.

Two men from Barking, east London, aged 23 and 24, were arrested on suspicion of causing death by dangerous driving and causing serious injury by dangerous driving on Monday, the force said.

Both suspects have since been released on bail until November 20. Police said an investigation into the crash is ongoing.

Anyone with information, CCTV, dashcam or other footage relating to the incident should contact the force quoting incident 120 of 1 September, or contact independent charity @ Crimestoppers anonymously on 0800 555 111.

Book a stall for jobs fair

BRENTWOOD Borough Council is inviting local employers to apply for a free stand at the upcoming Jobs, Skills & Health Event, taking place on Thursday, October 9 from 10am to 1pm at the Brentwood Centre.

To reserve your free stand or request more information, please email business@brentwood.gov.uk.

Praise for school after Ofsted inspection visit

A FORMER failing school is now ensuring children achieve "outstanding" personal development.

Inspectors from Ofsted have declared Hogarth Primary School, in Brentwood, is also providing a Good provision with regards to the quality of education, behaviour and attitudes, leadership and management and Early Years provision.

The school was previously graded as Requires Improvement just two years ago - with personal development an area highlighted for concern.

Since then, headteacher Rob Watson and Discovery Educational Trust - who took over the school two years ago to raise standards - have brought in a fresh team, seen a rise in SATs results, an increase in attendance and applications and reintroduced trips and sporting competitions for all pupils.

When inspectors visited in July, they found children "thriving" in a culture of "high expectations".

Inspectors reported -

- Pupils feel happy and safe
- Pupils achieve highly and are well prepared for the next stage of their education
- Pupils behave well, concentrate well in lessons and are motivated to succeed
- An interesting and well considered curriculum
- Teachers identify pupils' additional needs promptly and accurately
- Lessons are adapted thoughtfully so that pupils with SEND access the same learning as their peers
- Staff in Early Years create a safe and nurturing environment where children settle quickly
- Lessons are calm and disruption is rare
- Pupils learn about mental health

HOGARTH PRIMARY WAS PREVIOUSLY RATED AS NEEDING IMPROVEMENT



Hogarth School in Brentwood is celebrating a positive Ofsted report
HOGARTH PRIMARY SCHOOL

and the importance of respecting other cultures and faiths

Mr Watson, who proudly invited Ofsted to visit his school, said: "Our children were absolutely incredible. We did not get to choose the children the inspectors spoke to, but each child held Hogarth up as a shining light. They were absolutely a credit to the school.

"Feedback from our parents to the inspectors was 100 per cent positive - not one parent said they would not recommend the school. Ofsted said that was unheard of.

"They also said to hear such positive feedback from staff about well-being was unusual.

"It is what we have always said; that it has been about building a community and all of this feeds in. It has been a really positive two years. We have done everything we could to give children in this school all the opportunities possible. Inspectors were impressed that every child has had the opportunity to represent their school, if they want to; they've had the opportunity to wear the Hogarth badge with pride.

"None of this could have happened without our families and our staff. Two years ago, 80 per cent of our staff were brand new - each and every one of them have stepped up to the plate.

"Now, we can start afresh from September. We will definitely not rest on our laurels. We will be further embedding our new curriculum and making writing our next focus. There were a lot of holes when we started two years ago and we have had to fill them logically, so reading had to come before writing.

"We came here to make sure this school did not keep going back into Requires Improvement. We want this school to be Outstanding across the board as that is what our children deserve.

"We look forward to welcoming prospective parents in the new school year."